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The Synapse

Welcome to the Spring 2013 edition of the Psychology Department Student Advising Newsletter.
THE COLLEGE OF NEW JERSEY

Remember to register for the Psychology 4-Year Advising Sequence

*Double majors ARE required to complete an advising sequence, beginning with the course appropriate to Fall 2013 class standing.

*Internal transfer students do not need to complete PSY 096. They enroll in the appropriate advising program based on class standing at the time of admission to the Department.

*External transfers consult with your advisor to determine which advising sequence to complete (096, 099 minimum requirement.)

Rising Sophomores should have completed 096 Orientation to Psychology

And should **enroll** in 097 Exploring the Psychology Major for **Fall 2013**

Rising Juniors should have completed 097 Exploring the Psychology Major

And should **enroll** in 098 Exploring the Psychology Profession next Spring 2014

Rising Seniors should have completed 098 Exploring the Psychology Profession

And should **enroll** in 099 Psychology Professional Seminar for **Fall 2013**

Additional Note:

These advising classes **do not** meet regularly. Students attend various workshops during the semester to satisfy this advising program's requirements. All students are welcome to attend any workshops.

Class Levels

Freshmen or 1st Year:	0.00–7.75 earned course units
Sophomore or 2nd Year:	8.00–15.75 earned course units
Junior or 3rd Year:	16.0- 23.75 earned course units
Senior or 4th Year:	24.0+ earned course units

For advising resources and information, go to:
<http://psychology.pages.tcnj.edu/advising/advising-resources/>

You can also check out the FAQ on the HSS website at:
<http://hss.pages.tcnj.edu/advising-resources/advising-faq-for-hss-faculty-and-students/>

Advising Tips for Course Registration

***Summer 2013 Registration is Open**

***Fall and Winter Registration is April 2-12, 2013**

Steps for enrolling in classes

- ◆ **Visit the PAWS Tutorials for TCNJ Students website** for complete information on how to log-in to PAWS, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes.
<http://pawshelp.pages.tcnj.edu/undergraduate-students/current-students/>
- ◆ **View the exact date and time you may register** by visiting the Enrollment Appointment section in the PAWS Student Center. For step-by-step instructions on viewing your Enrollment Appointment, visit:
<http://pawshelp.pages.tcnj.edu/files/2011/07/enrollappt.pdf>
- ◆ **Check PAWS for any HOLDS that will prevent you from registering.** If there is a hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, access the following website:
<http://www.tcnj.edu/~recreg/policies/holdflags.html> **Internal and External Transfer students:** an advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.
- ◆ **Search for Classes and Fill Your Shopping Cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, go to: http://pawshelp.pages.tcnj.edu/files/2011/07/ShoppingCart_8_5_1.pdf
- ◆ **Check for Prerequisite Issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, visit: <http://pawshelp.pages.tcnj.edu/files/2011/07/validate.pdf>
- ◆ **Resolve Requisite Issues before Registration.** If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance.
- ◆ **Meet with your faculty advisor before registering.** Find your advisor in the PAWS Student Center. Go to your advisor's office and sign-up for an advising appointment on the sheets located outside your advisor's office. If there are no sheets posted, your advisor will send you an email to set up an advising appointment with you. When you meet with your advisor, bring your **Psych Major Summary Sheet**, and a **list of courses** for the upcoming semester. It is also a good idea to add courses to your shopping cart before meeting with them.

****Dr. Martinetti and Dr. Leynes's advisees—Dr. Martinetti and Dr. Leynes are on sabbatical. You can meet with Dr. Dahling, Dr. Ruddy, or any other faculty member while they are unavailable.****

Want to become a Psych Major?

Submit your application for **Spring 2014** semester consideration between **September 10, 2013 and September 22, 2013**.

Requirements to apply: minimum overall GPA of 2.0, completed PSY 101 with a C+ or higher grade.

To apply: Read all the instructions and complete the Psychology Major Application found on the psychology department website under "Becoming a Psychology Major".

<http://psychology.pages.tcnj.edu/academic-programs/becoming-a-psychology-major/>

Fall 2013 Specialized Courses

PSY 331: Clinical Psychology

Dr. Krauss W 9:00-11:50 AM

Prerequisites: PSY 216, PSY 217, and PSY 299

Introduction to common clinical methods of personality assessment and diagnosis. Emphasis on the most common therapeutic theories and techniques.

PSY 340: Health Psychology

Dr. Barnack-Tavlaris MR 4:00-5:20 PM

Prerequisites: PSY 101

Examines how psychological, social, and behavioral factors interact with and affect the success people have in maintaining their health, getting medical treatment, coping with stress and pain, and recovering from serious illness.

PSY 342: Clinical Psychopharmacology

Dr. Ruddy MR 8:30-9:50 AM

Prerequisite: PSY 212 or permission of instructor

This seminar will explore how psychological disorders are influenced by neurotransmitters, hormones, and neurotrophic factors, and by interventions that increase or decrease these chemicals. Clinical disorders will include: depression, anxiety disorders, anorexia/bulimia nervosa, attention deficits, dementia, and schizophrenia. Both intended effects and side effects of drugs will be studied, as well as individual differences in effects (due to genes/environments).

PSY 350: Psychology of Women

Dr. Brynildsen M 5:30-8:20 PM

Prerequisite: Three credits of psychology

Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and research findings will be explored to study the development and behavior of women in various social contexts.

PSY 364: Industrial Psychology

Dr. Kirnan MR 12:30-1:50 PM

Prerequisite: PSY 101

Introduces students to the content areas of industrial psychology and the application of psychological theory to organizational issues. Topics include employment law, job analysis, recruitment and selection, training, performance appraisal and discipline, employee motivation, and workplace safety. Using an applied approach, this course will help prepare students for their roles as employees and managers.

PSY 365: Consumer Behavior

Wheeler R 6:00-9:50 PM; Staff TF 12:00-1:50 PM

Prerequisite: PSY 101 or SOC 101 or MKT 201

Explores basic psychological principles (e.g., learning, memory, perception, attitudes, and motivation) as well as sociological and anthropological concepts (e.g., demographics, group dynamics, cultural influences) in relation to consumption processes and activities used by marketers and public policy actors to influence consumer behavior. Cross listed with MKT 365.

PSY 370: Developmental Seminar: Cognitive Development

Dr. Hart M 5:30-820 PM

Prerequisite: PSY 121 and PSY 220 or equivalents

This course is designed to examine several aspects of cognitive development in infants and children. Much attention will be focused on development from birth through the first 10 years of a child life. Some adolescent subjects will be discussed. The general focus of the course is on the "normal" or typical course of child development. Primary topics will include brain development, memory, executive functioning, and language development. Students are presented with opportunities to enhance their knowledge base and critical thinking skills to increase their efficacy in the learning process. Each student is required to apply and create knowledge of how children develop through the use of primary source reading, case analyses, lectures, discussion, active research, and group activities from a variety of theoretical concepts relative to the cognitive domains of development.

PSY 373: Counseling and Clinical Seminar: Personality Disorders

Dr. Zoccolillo TF 12:00-1:50 PM

Prerequisites: PSY 121, and PSY 216 or PSY 217

This advanced seminar will take an in depth look at Personality Disorders, with special attention to changes in classification as a result of the publication of the DSM 5. We will look at classification, diagnosis, etiology, and prevalence, as well as issues of treatment and the challenges one faces when treating individuals with personality disorders. Through selected readings, discussion, independent research, and guest speakers, students will have the opportunity to spend an entire semester dedicated to an understanding of all of the issues surrounding these fascinating diagnoses.

PSY 373: Counseling and Clinical Seminar: Forensic

Dr. Ferguson W 5:30-8:20 PM

Prerequisites: PSY 121, and PSY 216 or PSY 217

This course will explore the interface of psychology and law from both a research and clinical perspective. The course content will focus primarily on the role of the psychologist in the criminal justice system, from pre-adjudication to post-incarceration assessment and treatment. Additional roles of psychologists in the civil and family court systems will be explored. A developmental perspective on the etiology of criminal behavior and violence will be explored. Lessons learned from the socio-cultural study of crime and violence will be discussed in terms of implications for future public policy. Legal and ethical issues that face both the clinician and legal counsel are addressed.

PSY 375: Political Psychology

Dr. Crawford R 5:30-8:20 PM

Prerequisites: PSY 121 & 1 foundation course

Political psychology involves the application of psychological theories and processes to political phenomena. Topics include but are not limited to: the role of personality in politics; mass media and candidate perception; political ideology; public opinion; political decision-making; and political intolerance, conflict, and violence.

Fall 2013 Specialized Courses

PSY376: Seminar in Psychology: School Psychology

Dr. Stankiewicz W 5:30-8:20 PM

Prerequisites: PSY121, PSY220 (or equivalents)

This course will introduce students to the field of school psychology, from a historical and current perspective. The multifaceted function of the school psychologist will be examined with emphasis on the assessment, prevention, and intervention roles. The expected competencies required of school psychologists by the state and national accrediting bodies will also be reviewed. An introduction to current educational issues and legislation influencing the profession, career options within the specialty area, and best practices in the field will also be considered.

PSY 383: Counseling & Clinical Field Experience Seminar

Dr. Hall TF 2:00-3:20 PM

Prerequisites: PSY 216, PSY 217

Field experience in a mental health setting, with classroom supervision of the clinical activities. Students in the counseling-clinical specialization will integrate knowledge from various courses as they apply concepts in a clinical setting. Both an appropriate piece of written work and an oral presentation to the class will be required. Faculty approval of each placement is necessary.

400– Level Courses

PSY 470: Cross Cultural Child Development

Dr. Graham W 9:00-11:50 AM

Prerequisites: PSY 299

This course provides students with an in-depth analysis of child development across cultures and includes three major facets: theory, methodology, and empirical findings. We will discuss cross-cultural issues relating to the physical, cognitive, social, and emotional domains of development. This course provides practical applications for future scientists and educators, and instills a deeper appreciation of the complexities of child-development across societies.

PSY 470:Self-Regulation

Dr. Dahling M 12:30-3:20 PM

Prerequisites: PSY 299

Self-regulation of behavior is a fundamental motivational process that is relevant to all areas of psychology. In this course, we will take the perspective that human behavior is a continual process of moving toward, and away from, various kinds of goal representations. We will use this framework to study how goals form and interact, why people persist or fail in the pursuit of long-term goals, and how goals can contribute to, and detract from, our wellbeing. Readings are explicitly multidisciplinary, cutting across many specialized areas of psychology to explore self-regulatory processes in a variety of familiar and unfamiliar contexts.



TCNJ Psychology Dept

Social Sciences Building
Main Office, Room 109

<http://psychology.pages.tcnj.edu>

Spring 2014 Tentative Specialized Courses

PSY 311: Sensation and Perception

Dr. Bireta MR 10:00-11:50AM

Prerequisite: PSY 101

The basic structure and function of the sensory systems are examined and related to our experience of the world. Topics include anatomy and physiology of sense organs, perception of color, form, movement, space, sound, and illusions, perceptual development, and perceptual motor coordination.

PSY 338: Sport and Exercise Psychology

Dr. Hall TF 2:00-3:20 PM

Prerequisite: PSY 101

The purpose of this course is to understand the psychological components of sport and exercise in order to become a more effective competitor and/or to become more consistent in one's exercise program. In addition, the course will address the psychosocial aspects (e.g., group cohesion, gender and racial differences, team vs. individual sports) and the health aspects of sport and exercise (e.g., burnout, recuperating from injuries, athletes with asthma or diabetes, etc.). Each student will work with an athlete or an individual who exercises to enhance the mental aspect of their performance.

PSY 343: Behavioral Pharmacology of Drug Abuse

Dr. Martinetti W 9:00-11:50 AM

Prerequisite: PSY 212

Explores the pharmacological and behavioral events with several drugs of abuse including cocaine, nicotine, alcohol, opiates, hallucinogens, and caffeine, as well as other drugs such as inhalants and Ecstasy.

PSY 346: Cognitive Neuroscience

Dr. Leynes TF 8:30-9:50 AM

Prerequisite: PSY 212

Cognitive neuroscience blends the study of behavior (psychology) with the study of the brain (neuroscience). This course will introduce students to this field by examining the brain's role in behaviors such as perception, attention, memory, learning, planning, and other cognitive activities.

PSY 350: Psychology of Women

Staff M 5:30-8:20 PM

Prerequisite: Three credits of psychology

Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and research findings will be explored to study the development and behavior of women in various social contexts.

PSY 370: Children and the Media

Dr. Graham TF 12:30-1:50 PM

Prerequisite: PSY 220

This course is designed to introduce students to theory & research on children's media use. The primary focus of the course will be on the psychological impact of the media on children & adolescents, but other areas such as communication, education, political science, & law & justice will be explored. The course is organized in a topical format, exploring the basic theories of the media & tracing development for children & adolescents within each topic. We will examine topics such as advertising, violence, health, sexuality, drugs, music, electronic games, the internet, & media literacy. The course is designed so that both the professor & students lead class discussions. Students will generate thought questions, provide additional readings for the class, & develop a collaborative media project.

PSY 370: Developmental Seminar: Psychopathology in Children and Adolescents

Dr. Ruddy MR 8:30-9:20AM

Prerequisites: PSY 121 and PSY 220 or equivalents

This seminar will focus on a variety of problems that can affect children and adolescents. Topics will include mood disorders, anxiety disorders, ADHD, conduct disorders, and eating disorders. Both psychotherapeutic and pharmacological interventions will be considered.

PSY 373: Counseling and Clinical Seminar: CBT

Staff W 9:00AM-11:50 AM

Prerequisites: PSY 121, and PSY 216 or PSY 217

This course, an introduction to cognitive-behavior therapy, expands upon what you have learned about cognitive & behavior therapy theory & techniques in previous psychology courses. You will learn more about some of the strategies & techniques cognitive-behavioral practitioners use to evaluate & treat anxiety; such as relaxation training, assertiveness training, stress inoculation, cognitive restructuring, applied behavioral analysis, & contingency management. Much of this course will involve learning by doing. You will be asked to practice & apply these strategies & techniques to your own life experiences both in class & through weekly homework assignments. This will include reading & completing exercises from one or two popular self-help books. Active in-class participation, including group work, sharing homework assignments with the class, & in-class presentations will help you to learn the most from this course. We will consider important professional issues such as working with diverse populations & ethics in clinical practice.

PSY 373: Counseling and Clinical Seminar: Mental Health and Poverty

Dr. Chung W 9:00-11:50 AM

Prerequisites: PSY 121, and PSY 216 or PSY 217

This course will explore the interface of psychology and law from For decades, researchers have documented a close association between factors associated with poverty and mental ill-health; depression, for example, is twice as common among the poor as among the rich. The best evidence suggests that the relation between poverty and mental illness is cyclical: poverty in-creases the risk of mental disorders and having a mental disorder in-creases the risk of descending into poverty. This seminar will intro-duce students to explanations of this complex negative cycle and evidence-based interventions aimed at improving the various social, financial, and psychological problems associated with mental ill-health. Learning activities will be primarily student-driven and involve a community-engaged component (students and professor will work with a Trenton partner to identify and address a community issue).

PSY 383: Counseling & Clinical Field Experience Seminar

Dr. Vivona W 9:00-11:50 AM

Prerequisites: PSY 216, PSY 217

Field experience in a mental health setting, with classroom supervision of the clinical activities. Students in the counseling-clinical specialization will integrate knowledge from various courses as they apply concepts in a clinical setting. Both an appropriate piece of written work and an oral presentation to the class will be required. Faculty approval of each placement is necessary.

Spring 2014 Tentative Specialized Courses

PSY 385: Seminar in Applied Psychology

Dr. Ruscio TF 10:00-11:20 AM

Prerequisite: PSY 121

This seminar will provide students opportunities to examine the application of psychological theory and research to real problems. Topics will cut across many areas of psychology. Each student will select a topic of interest to pursue in greater depth and then apply the tools discussed in the course, to evaluate how effectively psychology can be used to address their topic.

PSY 386: Psychological Testing

Dr. Kirnan MR 10:00-11:20 AM

Prerequisite: PSY 121

An introduction to theoretical, practical, and ethical issues in psychological testing and measurement. Psychometric principles such as reliability, validity, and utility will be examined in the context of selecting the most appropriate assessment instruments to inform decision making. The development and psychometric properties of widely-used intelligence, achievement, personnel, and clinical/personality tests will be discussed.

400-Level Courses

PSY 419: History of Psychology

Staff M 5:30-8:20 PM

Prerequisites: PSY 299

This course will consider how psychology's goals, methods, and beliefs have evolved throughout its history. As a senior experience, this course will allow students to integrate experiences from various areas of the discipline, to analyze and evaluate psychology's past and to make recommendations for its future.

PSY 470: Development of Multiculturalism

Dr. Hughes MR 12:30-1:50 PM

Prerequisites: PSY 299

In this senior topics course students will examine the nature of multiculturalism as an adult orientation toward living in a diverse society and will study the childhood and adolescent experiences that promote or inhibit the development of multicultural attitudes. Students will choose one area of childhood or adolescence as their focus and will write an extended literature review and research proposal to study the relation between their selected area of childhood/adolescent development and multicultural attitudes in adulthood. Over the course of the semester students will be responsible for leading and participating in class discussion on relevant research articles, writing multiple drafts of their literature review/research proposal, providing feedback to peers throughout the writing process, and presenting their ideas to the class.

PSY 470: People in Groups

Dr. Wiley TF 3:00-3:50PM

Prerequisites: PSY 299

“No man [*sic*] is an island,

Entire of itself.

Each is a piece of the continent,

A part of the main”

-John Donne, Meditation XVII

Groups are a ubiquitous part of human life; from nations and cultures, to churches and companies, to fraternities and cliques. In this class, we will attempt to answer two deceptively simple questions: what are groups and why do people belong to them? To do so, we will apply a different psychological perspective on groups each week, covering evolution, neuroscience, cognition, motivation, development, personality, and social psychology. In the end, I hope we will be able to agree that no one is an island, but also explain why not.



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